

Me, Myself & You

Healthy Relationships

informed

plus+

Grooming and Exploitation

We do not need to spend too long on grooming and exploitation as the 'Managing Risk' session in the 'Me, Myself & You' module focuses on the responding to risk in a relationship. This session can be used as an introduction

Aims & Objectives

For young people to identify the difference between grooming and exploitation.

To introduce young people to the concept of CSE.

Part 1

Splitting the room into small groups or by running classroom based discussion, begin the session with the following question;

'How are grooming and exploitation different?'

Let young people think about this and discuss with each other before feeding back.

You should try to capture all of the information they give, but please remember that experience of relationships will vary immensely within the room.

The outcome we are looking for is that young people are able to identify 'grooming' as a process and 'exploitation' as an outcome to that process – you may need to steer the discussion towards this depending on the year group and the level of knowledge in the room.

Part 2

Ask young people to think about all of the different places where young people might be vulnerable to grooming. It is important to stress to young people that grooming is not always direct and can often occur over the internet and social media.

This part of the session should be used to enable young people to think about all of the various platforms where they themselves might be vulnerable.

Part 3

Introduce young people to the grooming line to illustrate the process which by now they should have identified – this can be found as a resource where the lesson plan is located on the online portal.

It is sometimes useful to link this back to sessions that young people may have completed around their personal safety – you can do this by encouraging them to think critically about choice, control and time frames within the grooming line and drawing on their own knowledge and experience.

Part 4

When concluding the session there is a good opportunity to highlight support networks for young people should they have anything that they wish to discuss privately in relation to their own relationships.

Think about your own school policy around this and identify appropriate members of staff and points of contact for young people.